

Holiday Workshops

**Does your child suffer from
anxiety?**

**The Authentic Child
counselling service is running
some play-based workshops
during the holidays**

[https://theauthenticchild.com.au/school-holiday-
workshops-for-kids/](https://theauthenticchild.com.au/school-holiday-workshops-for-kids/)

**Other workshops
Self esteem,
standing up to bullies,
meditation and more...**